

{S}

Week commencing.....

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	NOTES
DATE							
6AM							
7AM							
8AM							
9AM							
10AM							
11AM							
12AM							
1PM							
2PM						SUNDAY	
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM - LATE							

{S}

Week commencing.....

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9PM - LATE							